



## Summer Update 2020 Much to share!

California Office of Child Abuse Prevention (OCAP) added an extra year to our grant with supplementary funding. The grant partially underwrites development of materials and a webinar to help agencies provide CF! virtually, as our California sites must now offer Celebrating Families! $^{\text{IM}}(CF!)$  virtually.

Celebrating Families!™ Virtual Facilitation Webinar had over 180 registered participants. Facilitation was provided by Melissa Santos, Director of the California CF! Expansion Project. Collaborators and funders included Community Solutions, the CA Office of Child Abuse Prevention and the National Association for Children of Addiction. The webinar opened with a statement from Rosemary Tisch, Director and Lead Author for Celebrating Families!, and included presentations by Maria Ramirez, Addiction Prevention Services at Uplift Family Services in San Jose, CA, and John Durbin and Nikki Nelson, from Bridges' STARS program in Sacramento CA. Strategies shared for virtual facilitation were based on informant interviews with several sites, which had already successfully gone "on-line". A recording of the webinar and materials are available at https://www.preventionpartnership.us/webinar-documents, including the introduction by Rosemary Tisch.



Celebrating Families! Virtual Materials were developed to assist agencies in piloting groups on-line based on discussions with several agencies already successfully providing on-line services for parents and older children. Materials for younger children (4-7 years and birth though three) are still under development in consultation with Kiti Freier Randall, Ph.D., PPI advisor and internationally known Pediatric Neurodevelopmental Psychologist. While preparing materials, we realized we had not developed Guiding Principles for our work with children which are:

## We honor and respect children by ...

- ~ Providing a safe setting for them to learn.
- ~ Being intentional in our activities.
- ~ Recognizing parents are the experts of their experience with their children.
- ~ Modeling healthy living.
- ~ Knowing we learn from them.
- ~ Understanding they are developing and learning new skills and behaviors.
- ~ Listening to them and following their lead.

**Evaluation comparing the virtual group to previous in-person outcomes** at Uplift Family Services, indicated no significant differences in the average change from pre- to post-test, except for a minor but statistically significant positive difference in Parenting Skills.

**Comparison of In-Person and Online Class Outcomes** 

Survey Domain	Average Change from Pre- to	
*p = .05	Post-test	
	In Person	Online
Parenting Skills	0.54*	0.79*
Family Strengths	0.96	0.89
"How Often Are You Good At?"	1.30	1.26

Enrollment, group participation and graduation rates all increased for parents attending virtual groups, Toni Welch Torres, Program Manager, reported. "Families are doing their best to be engaged, participating in their zoom groups wherever they have the best internet."



Virtual Groups showed statistically significant improvement in all domains" and positive satisfaction outcomes, according to the preliminary evaluation by Dr. Cohen, SJSU.

## **Adult Retro Pre-Post Survey**



Outcome	Pre-test	Post-test	Effect Size
Domain	Mean Score	Mean	
		Score*	
Parenting Scale	2.96	3.75	1.98 (Very large)
Family Strengths	2.57	3.63	1.60 (Very large)
"How Often Are	2.53	3.79	0.78 (Medium)
You Good At?"			
Learning from	2.58	3.76	1.17 (Large)
CF!			
All pre- post-	comparisons	p <.001	·

As always we THANK our families, agencies, advisors, funders and supporters. We are a small team of dedicated professionals and can only continue to provide these state-of-the-art services with your help and support.

Rosemary Tisch, Director Program Developer *Celebrating Families!*™ www.preventionpartnership.us or www.celebratingfamilies.net

## **Equity Statement**

Prevention Partnership International's programs integrate principles, practices and policies based on equity for all. Our programs are specifically developed for families that are hurting due to addiction, child abuse and violence, which often are multi-generational. We seek to be an unbiased organization committed to helping ourselves, our partner agencies and families learn and grow.